

Workshop 1

Using the selection from the Table of Contents of the Student Mental Health Guide on the next page:

1. Discuss which sections of the Guide would be most useful for different groups of staff within your institution.
2. How would you provide training in these areas to the different groups of staff, using the Guide as a basis?

Selection of contents from the Student Mental Health Guide

Section 2. Developing a student mental health policy

2.1. Rationale for having a policy

2.2. Writing a policy

2.3. Launching a policy

2.4. Monitoring a policy

2.5. Content of the policy

2.5.1. Confidentiality

2.5.2. Duty of care

2.5.3. Roles and responsibilities of staff

2.5.4. Roles and responsibilities of students

2.5.5. Disciplinary issues

2.5.6. Statement of institution's commitment to....

2.6. Further references

Section 3. Supporting students experiencing mental health Difficulties

- 3.1. Assessment of needs
- 3.2. General guidelines for staff supporting students with mental health difficulties
 - 3.2.1. Determining whether there may be a mental health difficulty
 - 3.2.2. Approaching the student
 - 3.2.3. When a student does not want to talk
 - 3.2.4. When a student does want to talk
 - 3.2.5. Handling a crisis situation
 - 3.2.6. Confidentiality
- 3.3. Specific support arrangements for students with mental health difficulties
 - 3.3.1. Learning support
 - 3.3.2. Examination and assessment
 - 3.3.3. Fieldwork
 - 3.3.4. Careers advice
 - 3.3.5. Accommodation
 - 3.3.6. Financial support
 - 3.3.7. Student support services
- 3.4. Role of Students' Unions
- 3.5. Liaison with external agencies

Section 6. Promoting student mental health: a proactive approach

6.1. Introduction

6.2. Pre-entry

6.2.1. Prospectus, promotional literature and events

6.2.2. At application

6.3. Enrolment and induction

6.4. Mentoring and peer support

6.5. Study advice

6.6. Teaching and assessment methods

6.7. Accommodation

6.7.1. Institutionally managed residences

6.7.2. Community living

6.7.3. Private sector housing

6.7.4. Special needs

6.8. Financial support

6.8.1. Advisory services

6.8.2. Hardship funds

6.8.3. Information and resources